



Making a world of difference in our community since 1914, HeartShare Human Services of New York is a nonprofit human services agency dedicated to bettering the lives of people in need of special services and support. We help individuals develop to their fullest potential and lead meaningful and enriched lives.

HeartShare is committed to serving the needs of individuals with developmental disabilities and their families. Our services include:

- Residential Programs
- Adult Day Programs
- Early Childhood Services
- School Age Program
- Health and Mental Health Services (Article 16 and Article 28 Clinics)
- Medicaid Service Coordination
- Respite/Recreation Programs
- Parent Training, Financial Reimbursement and Clinical Evaluations
- Fragile X Information and Referral

HeartShare also offers diverse services for children and families including:

- Foster Care and Adoption Services
- Foster Care Prevention, Counseling and Advocacy Services
- Youth Programs
- HIV/AIDS Services
- Energy Assistance Programs

HEARTSHARE HUMAN SERVICES
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Family Support Services

Improving the Lives of Individuals with Developmental Disabilities and Their Families



The HeartShare Difference

Caring for a family member with a developmental disability at home is rewarding, but challenging. HeartShare helps families handle the day-to-day demands of meeting their child's needs. Our goal is to make parents' jobs a little easier. Our staff value the relationships developed with our participants and promote active community involvement.



*Making a World of Difference
in Our Community*

HeartShare offers a variety of valuable services to families caring for a family member with developmental disabilities.

Eligibility Anyone who is diagnosed with a developmental disability and lives at home with their family is welcome to apply. A current, comprehensive psychological evaluation is required. Recreation programs are funded by the Medicaid waiver; interested applicants not currently enrolled in the waiver can be assisted with enrollment. We can assist with obtaining this evaluation. Age requirements and level of supports needed vary by program.

Locations Brooklyn or Queens unless otherwise noted.

Cost to You Fees vary by programs; no one is denied services due to inability to pay. Transportation is provided for most programs.

Donate Help us help others. HeartShare's programs assist 20,000 New Yorkers annually. Approximately 90 cents of every dollar goes directly to program support. To make a donation, please contact us at (718) 422-3210.

Volunteer Volunteers are welcome in our recreational programs. For information, please call (718) 422-3350.

Contact Us For more information, or to request an application, please contact us at (718) 422-3271 or email info@heartshare.org.



Our Programs

HeartShare's respite/recreation programs provide supervised outings for individuals with developmental disabilities, giving parents a much needed break. Individuals are encouraged to develop friendships and enjoy the wide variety of activities. Our informational services provide educational workshops and individual consultations to families and professionals.

RESPITE/RECREATION SERVICES

Respite/recreation activities are a great way to meet new people, improve social skills and provide enjoyable stimulation while giving caregivers a break.

- **Aiello Recreation** provides activities every other Saturday for adults who live in neighborhoods surrounding Bedford Stuyvesant. *Brooklyn Residents Only*
- **Club HeartShare (Wednesday evenings/ Saturday afternoons)** provides outings for children, teens, and adults.
- **Club HeartShare (Sunday)** provides weekly community outings for older teens and adults. *Queens Residents Only*
- **Heels and Wheels** provides outings and on-site activities to teens and adults who use wheelchairs or have difficulty walking.

- **Holiday Overnight Program** provides overnight weekend trips for older teens and adults with good self-care skills, non-disruptive sleeping habits, and previous overnight experience. *Brooklyn Residents Only*
- **School Holiday Program** schedules community outings during school holidays for teens with mild and moderate disabilities or autism. *Brooklyn Residents Only*
- **T.G.I.S. Social Club** provides escorted recreational outings on Saturdays to older teens and adults capable of independent travel using public transportation. *Brooklyn Residents Only*

OTHER SERVICES

- **Clinical Evaluations for Children** offers free psychosocial and psychological evaluations for children ages 3-20 who do not currently have Medicaid for whom there is a likely a diagnosis of a developmental disability. *Brooklyn Residents Only*
- **Fragile X Syndrome Information and Referral** provides resources for families regarding Fragile X Syndrome. Training for professionals is also provided. *All of NYC*
- **The Options Project** provides modest grants to families of individuals with special needs, based on the impact the funds will have on quality of life and lack of other resources.
- **Parent Training** offers a 6-session course several times a year to promote positive behaviors for parents of children with special needs. *Brooklyn Residents Only*

HeartShare's Family Support programs are funded by the New York State Office of Mental Retardation and Developmental Disabilities and the generous support of our donors.