



Our Mission:

To nurture and support, with dignity and respect, children, adults and families in order to expand opportunities and enhance lives.

Our Vision:

Our commitment to excellent services and supports will enable children, adults and families to reach their fullest potential and lead meaningful lives as active participants in society.

Our Programs & Services:

- 24-Hour & Non 24-Hour Residential Programs
- Community Habilitation
- Adult Day Habilitation
- Day Habilitation Without Walls
- Transition and Employment Services
- Early Childhood Services
- Medicaid Service Coordination
- Respite/Recreation
- Overnight Respite
- At-Home Respite
- Options Family Reimbursement
- Fragile X Information and Referral
- Children's Evaluation Services

HeartShare Human Services of New York

12 MetroTech Center, 29th Floor
Brooklyn, NY 11201
(718) 422-4200
www.heartshare.org
info@heartshare.org

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DAY HABILITATION PROGRAM

Adults with Disabilities
engaging in New York
Communities



HeartShare offers
people with disabilities
a home in the
community.

HeartShare offers adults with intellectual and developmental disabilities person-centered and community-based program experiences.

Eligibility

Our programs are open to all adults with intellectual and developmental disabilities, including those with intellectual disabilities, cerebral palsy, epilepsy, autism, and other neurological impairments. We also specialize in day services for adults with multiple handicaps and/or behavioral challenges.

Location HeartShare offers a variety of day services settings at locations in Brooklyn, Queens, and Staten Island.

Cost to You Our services are provided at no cost to Medicaid eligible individuals. Transportation is also provided unless the individual is able to travel independently or on Access-A-Ride.

Donate Help us help others. HeartShare's programs assist thousands of vulnerable New Yorkers annually. Approximately 90 cents of every dollar goes directly to program support. To make a donation, please contact us at (718) 422-3210.

Contact Us For more information, for an application, or to schedule a program tour, please contact us at (718) 422-3227 or email info@heartshare.org.

HeartShare's Adult Day Services are funded by the New York State Office of People with Developmental Disabilities, New York State Education Department, Office of Adult Continuing Education Career Services, and the generous support of our donors.



HeartShare Day Habilitation Services offer:

- Life skills training, such as cooking, cleaning, traveling, fitness, managing a budget and utilizing technology.
- Pre-vocational training, such as meaningful volunteer opportunities, as well as resume development and mock interviews.
- Educational opportunities, such as courses, workshops and seminars at local colleges.
- Development and implementation of person-centered goals and self-advocacy efforts.
- Socialization with peers, staff and members of the local community.
- Recreational and cultural outings throughout New York City.
- Connection to other support services.

At HeartShare's Day Habilitation Programs throughout Brooklyn, Queens and Staten Island, adults with intellectual and developmental disabilities receive individualized attention in order to develop and implement person-centered goals.

Life Skills

Our staff actively teaches core skills, such as managing cooking, cleaning, a personal budget and self-care. Our team also works with our program participants on how to achieve a more independent future, such as navigating New York's complex public transportation system. Program participants also strengthen social skills by learning how to build and maintain relationships with those they meet out in the community.

In addition to recreational activities customized to individual interests, HeartShare also has secured workshops, courses and other unique educational opportunities at New York colleges.

Pre-Vocational Training

HeartShare's Day Habilitation Program model also integrates pre-vocational training for those ultimately planning to pursue part-time or full-time work. Our program participants learn the nature and responsibilities of professional work through volunteer opportunities at designated community sites, such as offices, schools, restaurants, senior centers, as well as local churches and other faith-based organizations.

Additionally, HeartShare Day Habs also trains program participants in the skills needed to pursue employment, including career exploration, resume building, interview skills and work ethic.