



Our Mission:

To nurture and support, with dignity and respect, children, adults and families in order to expand opportunities and enhance lives.

Our Vision:

Our commitment to excellent services and supports will enable children, adults and families to reach their fullest potential and lead meaningful lives as active participants in society.

Our Programs & Services:

- 24-Hour & Non 24-Hour Residential Programs
- Community Habilitation
- Adult Day Habilitation
- Day Habilitation Without Walls
- Transition and Employment Services
- Early Childhood Services
- Medicaid Service Coordination
- Respite/Recreation
- Overnight Respite
- At-Home Respite
- Options Family Reimbursement
- Fragile X Information and Referral
- Children's Evaluation Services

HeartShare Human Services of New York

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FAMILY SUPPORT SERVICES



Helping Families Care
for Loved Ones



HeartShare offers
relief to those caring
for a loved one with
special needs.

HeartShare's Family Support Programs ensure that families have the relief and resources they need to care for those with intellectual and developmental disabilities.

Eligibility / Criteria Anyone who is diagnosed with a developmental disability and lives at home with their family is welcome to apply. A current, comprehensive psychological evaluation is required. Recreation programs are funded by the Medicaid waiver. Interested applicants not currently involved in the waiver can be assisted with enrollment. We can assist with obtaining this evaluation. Age requirements and level of supports needed vary by program.

Cost Fees vary by program. No one is denied services due to inability to pay. Transportation is provided for most programs.

Contact Us To learn more about any of the Family Support Programs listed in this brochure, please call (718) 422-3218 or e-mail info@heartshare.org.

Our **Respite/Recreation Program** gives families and caretakers a break from their 24/7 responsibilities during weeknights, weekends and holidays, while offering a wide array of exciting activities for group members. Overnight trips have included trips to the Poconos and Philadelphia. Outings include bowling, the movies, live theatre, sporting events and more. To learn more, please call (718) 422-3257

HeartShare's Family Support programs are funded by the New York State Office for People with Developmental Disabilities and the generous support of our donors.



Our Respite/Recreation Programs include:

- **Aiello Recreation** provides activities every other Saturday for adults who live in neighborhoods surrounding Bedford Stuyvesant. Brooklyn Residents Only.
- **Club HeartShare** (Saturday afternoons) provides outings for children, teens, and adults.
- **Club HeartShare** (Sundays) provides weekly community outings for older teens and adults. Queens Residents Only.
- **Heels and Wheels** provides outing and on-site activities to teens and adults who use wheelchairs or have difficulty walking.
- **Holiday Overnight Program** provides overnight weekend trips for older teens and adults with good self-care skills, non-disruptive sleeping habits, and previous overnight experience. Brooklyn Residents Only.

- **School Holiday Program** schedules community outings during school holidays for teens with mild to moderate intellectual and developmental disabilities.
- **T.G.I.S. Social Club** provides escorted recreational outings on Saturdays to older teens and adults capable of independent travel using public transportation. Brooklyn Residents Only.

Our **Community Habilitation Program** helps people with special needs living at home to set and fulfill self-directed life goals. Those who live at home can work with a Direct Support Professional of their choosing to develop their personal goals. To learn more, please call (718) 422-3218.

Our **Clinical Evaluation Services** for children offers free psychosocial and psychological evaluations for children 3-20 who do not currently have Medicaid for whom there is a likely diagnosis of a developmental disability. Brooklyn Residents Only. To learn more, please call (718) 422-3227.

Our **Fragile X Syndrome** Information and Referral provides resources for families regarding Fragile X Syndrome. Training for all professionals is available. All of NYC. To learn more, please call (718) 422-3271.

Our **Options Program** offers a modest grant opportunity for a wide range of costs related to special needs, including respite care, adaptive equipment, skills training and behavioral supports and camp. To learn more, please call (718)422-3290